

Psychology Standard XII  
SYLLABUS

UNITS	LEARNING OBJECTIVE
Psychology: a scientific discipline.	<ul style="list-style-type: none"> <li>• To acquire knowledge on the history of psychology as a science.</li> <li>• To know the various research method and their features.</li> <li>• To understand the major challenges in establishing psychology as a science.</li> </ul>
Intelligence	<ul style="list-style-type: none"> <li>• To categorize the different types of intelligence test.</li> <li>• To understand the history of measurement of intelligence.</li> <li>• To understand the new trends in intelligence.</li> </ul>
Personality	<ul style="list-style-type: none"> <li>• To understand the concept of personality.</li> <li>• To describe the various affecting personality.</li> <li>• To evaluate the various techniques of measuring personality.</li> </ul>
Cognitive Processes	<ul style="list-style-type: none"> <li>• To understand the phenomena associated with perception.</li> <li>• To explain the various stages in the process of problem solving.</li> <li>• To elaborate the various processes of learning.</li> </ul>
Emotion	<ul style="list-style-type: none"> <li>• To understand the theories of emotions.</li> <li>• To create an awareness of basic emotions.</li> <li>• To highlight the physiological changes during emotions.</li> </ul>
Psychological Disorder.	<ul style="list-style-type: none"> <li>• To understand the nature of psychological disorder.</li> <li>• To understand the term mental wellness.</li> <li>• To classify the mental disorders and understand its symptoms</li> </ul>
First aid in mental health.	<ul style="list-style-type: none"> <li>• To sensitize students to mental health issue.</li> <li>• To make students aware of signs and symptoms of mental illness.</li> <li>• To create awareness about the importance of mental health.</li> </ul>
Positive Psychology	<ul style="list-style-type: none"> <li>• To understand positive psychology as an emerging branch.</li> <li>• To understand positive emotions and its key elements.</li> <li>To develop an understanding of empathy, mindfulness and the 7C of resilience.</li> </ul>