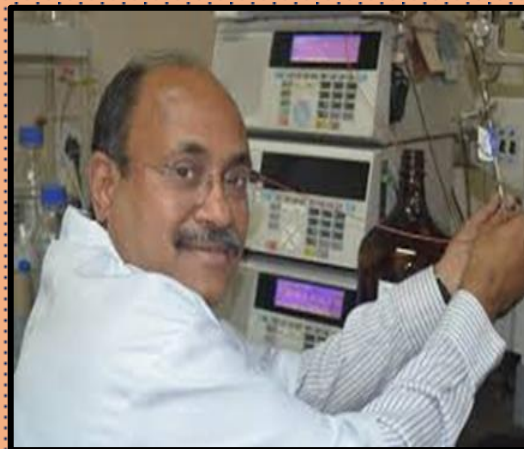
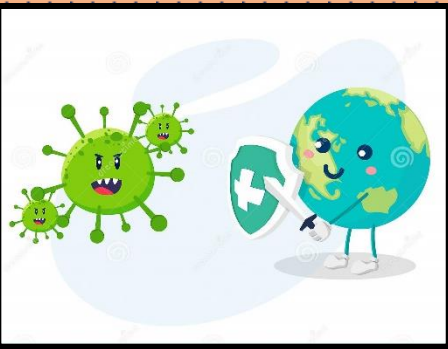




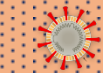
## DBT Star Status Activity

### DEPARTMENT OF LIFE SCIENCES

On the 11th of July, 2020, the Department of Life Sciences arranged a webinar titled, 'Living with The Novel Coronavirus -What Science Tells Us'. Dr. Sasikumar Menon, Director of the Institute for Advanced Training and Research in Interdisciplinary Sciences (IATRIS), was invited as the resource person for the same. Dr. Menon has a vast experience in the field of drug trials and Nutraceuticals. The webinar was a host to 150 participants, including students and faculty members from various college and organizations across 7 states of India and also had an international participant from Singapore. An overwhelming majority of participants got their queries clarified and appreciated our knowledgeable resource person. With the panic spread all around and flood of myths and rumors, Dr. Menon proved be a source of legitimate information and validated the known facts about the pandemic.



Dr. Menon initiated the session with the history of coronaviruses, dating back to 2002 when SARS CoV, the first coronavirus made its appearance. He then briefly spoke about the origin of the 2019 Coronavirus and the role of China and its 'wet markets' in this pandemic. He also mentioned that despite the fact that 80% of the patients show mild symptoms and quick recovery, the contagious nature of the virus is what makes this pandemic more severe than the previous ones.



SOCIAL DISTANCING





The speaker further explained the mechanism of virus infection and the various stages of infection. He cautioned that COVID-19 is much more than just a pulmonary disease. Dr. Menon highlighted several probable remedies for this disease and discussed the effectiveness of traditional medicine in the treatment. He also shed light on the treatments in early and late symptomatic stages of infection. Further, he added about the effectiveness of wearing a mask can reduce the spread of infection by seventy-five percent.

Dr. Menon emphasized on the necessity of following social distancing norms, maintaining cleanliness and consuming nutritious food. He stressed on the point that ignorance can be injurious to our own health. Dr. Menon concluded his talk by saying that this pandemic crisis will pass, we should however, reshape the way we live our lives, and move forward by adopting the new normal. He answered all questions during O &A.



## FEEDBACK

“Awareness is the greatest agent for change,” bearing this ideal in mind, the webinar served a purpose of providing the scientific aspects of COVID-19 and helping people understand how one must get through one of the most difficult crises faced by humanity.

The webinar was attended by 150 participants, nearly eighty percent of which felt that this session was of great relevance to them and that Dr. Menon had thorough knowledge of the topic and provided a great, effective talk. This webinar not only clarified previously known concepts but also stimulated a curiosity among the audience, who expressed a desire to attend more such webinars covering different aspects of COVID-19.

