



Report on
INTERNATIONAL YOGA DAY at
D. Y. Patil Stadium, Nerul, Navi Mumbai

As per the intimation provided by the 1 BN Maharashtra NCC Army Battalion on the 18th June 2024, the International Yoga Day celebration was attended by the cadets of HSNC University, Mumbai at D.Y. Patil Stadium, Nerul, Navi Mumbai, on the 21st June, 2024. The reporting time at the venue was 0600 hours.

Twelve Cadets from the army wing attended the practice which included 6 SDs and 6 SWs. The names of the cadets were as follows:

1. CDT Farzan Kalwachwala: MH2023SDA038443
2. CDT Khushi Singh: MH22SWA065738
3. CDT Kunal Marchande: MH23DSA054489
4. CDT Triza Jogi: MH2023SWA041003
5. CDT Jaypal Choudhary: MH23SDA038174
6. CDT Vedant Birje: MH2023SDA041098
7. CDT Shikha Rakhashiya: MH2023SWA066283
8. CDT Arunima Yadava: MH2023SWA054822
9. CDT Sangini Devlekar: MH2023SWA045699
10. CDT Sejal Patil: MH2023SWA041192
11. CDT Naveen Chauhan: MH2023SDA051479
12. CDT Prathamesh Patil: MH 2022SDA700663

The cadets attended a yoga session in D.Y. patil stadium on the occasion of International Yoga Day. It was a refreshing experience and the team participated in yoga practices like *Parvatasana*, *Vutasana*, *Suryanamasakar* etc. The cadets were also provided with refreshments at the venue. The yoga mat, Cap, and accessories given by the Batallion. The Cadets enjoyed yoga day celebration. Pickup and drop service was provided from Nerul station.



CADETS AT D. Y. PATIL STADIUM, NERUL, NAVI MUMBAI