



KISHINCHAND CHELLARAM COLLEGE
A CONSTITUENT COLLEGE OF HSNC UNIVERSITY, MUMBAI
REACCREDITED 'A' GRADE BY NAAC (3rd Cycle)
BEST COLLEGE AWARD BY UNIVERSITY OF MUMBAI
AWARDEES 'STAR SCHEME' BY DBT & 'FIST PROGRAMME' BY DST



PROF. DR. TEJASHREE V. SHANBHAG, M.Sc., B. Ed., M. Phil., Ph. D.
I/c PRINCIPAL

20.06.2026

NOTICE

International Yoga Day Celebration

All SYJC students are hereby informed that we will be celebrating **International Yoga Day** on **22nd June 2026 (Monday)** from **02:00 p.m. to 03:00 p.m.** at the Sports Room.

All students are requested to actively participate and be present on time.

Students should note the following:

- Wear loose and comfortable clothing suitable for yoga, preferably track pants/track suits.
- Both boys and girls should wear a comfortable T-shirt.
- Avoid wearing tight clothes and footwear that may restrict movement.
- Maintain discipline and follow the instructions during the session.
- Color code: White T-shirt and Black Pant

“Yoga is the journey of the self, through the self, to the self.”

“A healthy body, a peaceful mind, and a positive life begin with Yoga.”

“Make Yoga a part of your daily routine and discover the power of balance.”

Prof. (Dr.) Tejashree V. Shanbhag
I/c Principal